

## **Report of the Programmes of Women's Cell and Jagratha Samithi, 2020-2021**

The Women's Cell and Jagratha Samithi organized both online and offline programmes during the academic year 2020-21. The details are given below.

### **Cancer Prevention and Healthy Lifestyle**

As part of Cancer awareness an online session on Cancer Prevention and Healthy Lifestyle was organized on 14th December 2020 in collaboration with Sanjeevani: Life beyond Cancer, an NGO based in Mumbai. Ms. Sumki Begum, National Coordinator, outreach programmes Sanjeevani, was the resource person. A total of 93 participants attended the session. The program was supported by Kerala State Women's Development Corporation (KSWDC). The session helped raise awareness on the connection between food habits and cancer. She also pointed out the importance of following a healthy lifestyle.



The poster is for a webinar titled "webinar on Cancer Prevention and Healthy Lifestyle". It features a woman in a grey hoodie looking out, a pink cancer ribbon, and a bell icon. The date and time are "14<sup>th</sup> December 2020 Monday 12.00 PM". The resource person is "Sumki Begum (National Coordinator-Outreach, SLBC)". It is supported by "IQAC, Women's Cell & Jagratha Samithi Government College Mananthavady, and KSWDC". Joining details include "Meeting ID: 87829911257", "Passcode: 947183", and "email: gcmananthavady@gmail.com". There are icons for Zoom and email, with a note "touch the icons for interaction".

**Sanjeevani - Life Beyond Cancer**  
& Govt. College Mananthavady

**webinar on  
Cancer Prevention  
and  
Healthy Lifestyle**

**14<sup>th</sup>  
December 2020 Monday  
12.00 PM**

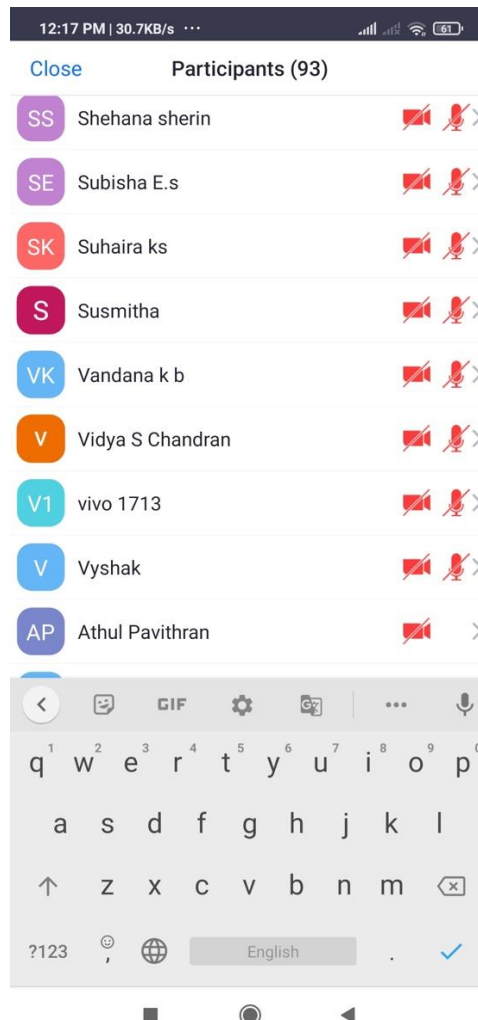
Resource Person  
**Sumki Begum**  
(National Coordinator-Outreach, SLBC)

Supported by  
IQAC, Women's Cell & Jagratha Samithi  
Government College Mananthavady,  
and KSWDC

Join:  
Meeting ID: 87829911257  
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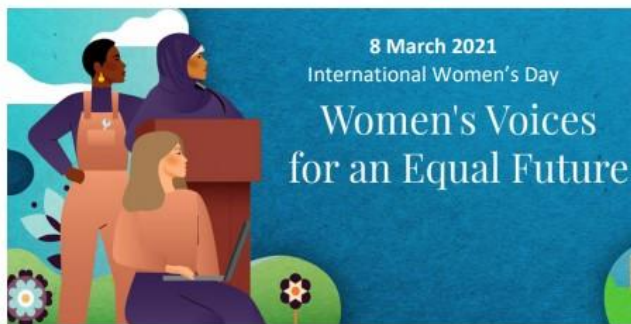


### **Literary Competitions**

The Women's Cell and Jagratha Samithi organized essay writing and elocution competitions for the students on 3 March 2021. The winners were awarded prizes. Fifteen students participated in the programme.

### **Women's Day Celebration**

The Women's Cell and Jagratha Samithi Government College Mananthavady, celebrated International Women's Day on 8 March 2021. The session was handled by Amrutha Kelakam, poet and research scholar. She delivered a lecture on "Women in Visual Arts and Media". She pointed out how representations of women in media and arts are tinged with patriarchal norms. There was an interactive session after the lecture. A total of 91 participants attended the programme.



**Women's Cell and Jagratha Samithi, Govt College Mananthavady**

**in Collaboration with**

**Kerala State Women's Development Corporation**

An Initiative under RIME Constituted by IQAC, Govt College Mananthavady



## **“Women in Visual Arts and Media”**

by  
**Amrutha Kelakam**



Poet and Research Scholar

Time :11 AM

Venue: IQAC Hall





**Coordinator, Women's Cell**

: Vidya S. Chandran, Assistant Professor of English

**Coordinator, Jagratha Samithi**

: Dr. Seena P. C., Assistant Professor of Commerce